

# Nurses in the lead towards high quality community care

## Adaptation of the TIP-Toolbox

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### Background

The population of the Netherlands is aging and health care reforms in the Netherlands are aimed at aging in place. This is in line with a new definition of health, which emphasizes that professional care is focused on functioning instead of diseases and self-management abilities of older adults. Consequently, a new nursing education profile has been developed which focuses on the connecting role of community nurses in Dutch health care and the need for professional leadership and evidence-based practice. Therefore, professional leadership of baccalaureate community nurses is needed. These nurses can serve as professional leaders by bringing the best scientific evidence into Dutch community care and delivering tailor-made solutions for community-dwelling older adults.

### Aim

The aim of this study is to empower baccalaureate community nurses in their leadership competences to improve the use of evidence based knowledge in the context of community-dwelling older adults.

The TIP-C toolbox aims to empower baccalaureate community nurses in their leadership competences with tools and strategies for systematic implementation of evidence-based innovations, that are targeted at stimulating functional activities of community-dwelling older adults.

### Methods

This study consists of the following phases:

Phase 1)

Adapting the previously developed and evaluated *Translating Innovations into Practice (TIP)-Toolbox* for nursing homes to the community-setting, resulting in the *Translating Innovations into Community Practice (TIP)-Toolbox*

An expert group of 6 baccalaureate community nurses of two care organizations in the South of the Netherlands, systematically analyzed the elements of the TIP-toolbox to assess which components required adaptation, during five consecutive meetings.

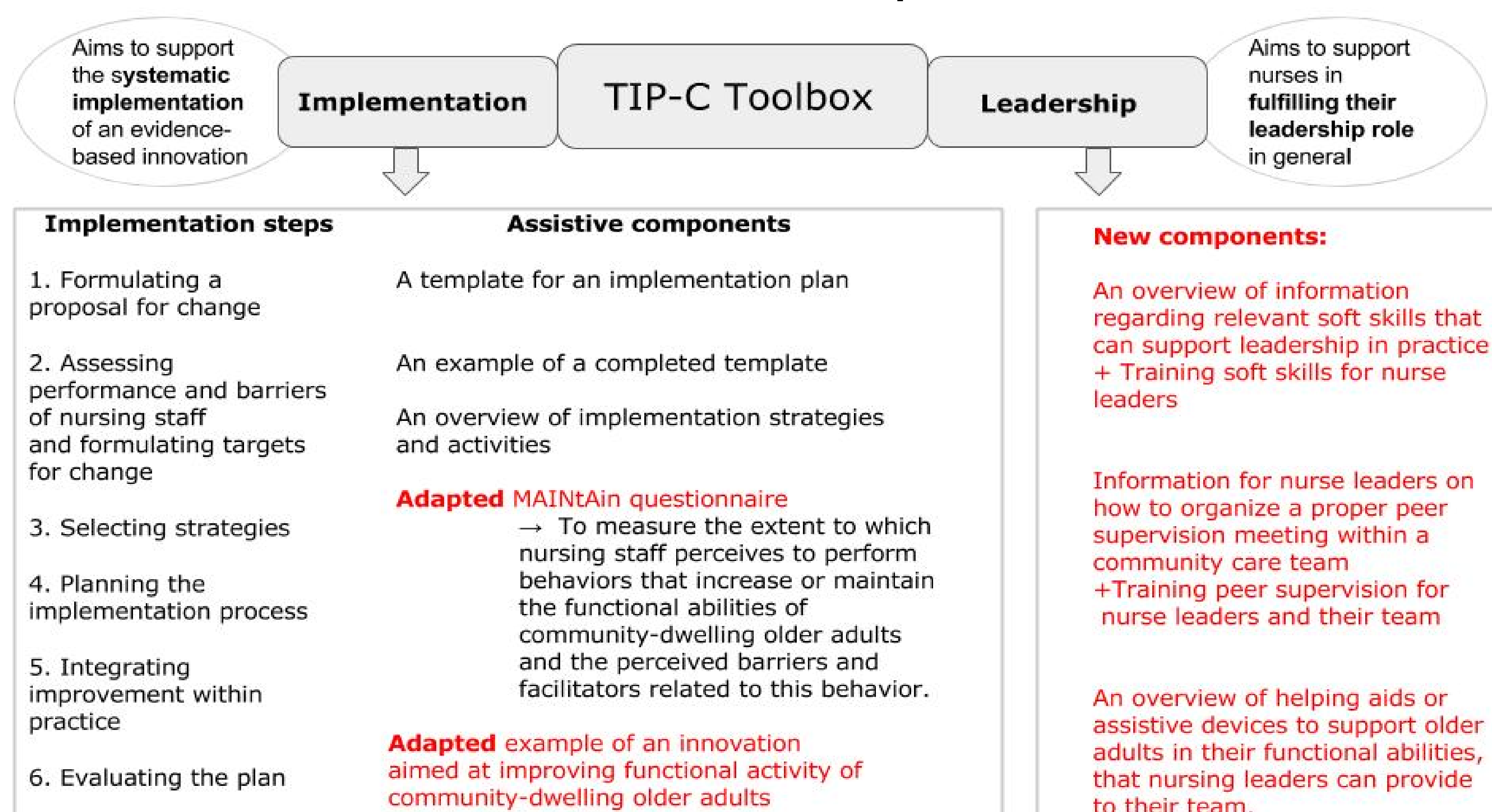
Phase 2)

Implementing the TIP-C toolbox in 6 community care teams and evaluating this on process-parameters through interviews and questionnaires that involve 6 baccalaureate community nurses, 60 care team members and 12 community-dwelling older adults.

Phase 3)

Evaluating the effects of the TIP-C Toolbox on leadership and use of an evidence-based innovation in practice that is targeted at stimulating functional activities of older adults, through a pretest-posttest design with focus-group interviews and questionnaires that involve 6 baccalaureate community nurses, 60 care team members and 12 community-dwelling older adults.

### Results of phase 1



### Conclusion

The TIP-C Toolbox consists of two parts, namely an implementation part that aims to support the systematic implementation of an evidence-based innovation and a leadership part, that aims to support the baccalaureate community nurses in fulfilling their leadership role in general. The TIP-C Toolbox will be used to empower leadership competencies of baccalaureate community nurses to implement evidence based knowledge in daily nursing practice.

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